

# HIRSLANDEN SWISS MEDICAL COMPETENCE

## WELCOME TO HIRSLANDEN

«**Expertise you can trust.**» This short sentence encapsulates in a few short words what is of central importance for us in everyday hospital life: the combination of high-quality medicine and personal, individual care. It is the reason why patients from around the world have been entrusting us with their most valuable asset – their health – for many years.

As one of the largest hospital groups in Europe, patients can count on us to provide the best quality medical care. Everything we do revolves around their needs. We are here for you across Switzerland – for inpatient or outpatient care.

Best regards,  
**The Hirslanden International Team**



# OUR HOSPITALS

From Lake Constance in the east of Switzerland to Lake Geneva in the west, our 17 hospitals offer you first-class medical services. Each of our hospitals is located in peaceful surroundings close to nature and has a charm all of its own – whether due to the breathtaking view of the Alps, notable architecture, a fascinating history or a combination of all three.

All Hirslanden hospitals have a team of renowned specialists, who provide internationally outstanding services. Patients benefit from state-of-the-art medical infrastructure and a personal atmosphere.

Hirslanden has a team in each of the two large cities in Switzerland, to meet all the needs of international patients.

## ZURICH



KLINIK HIRSLANDEN



KLINIK IM PARK

### HIRSLANDEN INTERNATIONAL ZURICH

Boulevard Lilienthal 2  
8152 Glattpark  
Switzerland

## GENEVA



CLINIQUE LA COLLINE



CLINIQUE DES GRANGETTES

### HIRSLANDEN INTERNATIONAL GENEVA

Avenue de Beau-Séjour 6  
1206 Geneva  
Switzerland

## CONTENTS

04	FACTS AND FIGURES
06	THE SWISS HEALTHCARE SYSTEM
08	INDIVIDUAL CARE
10	CONTINUUM OF CARE
12	NEUROLOGY
14	ONCOLOGY
16	HEART SURGERY AND CARDIOLOGY
18	FERTILITY AND CHILDBIRTH
20	LIGHT MEDICAL AND COSMETIC SURGERY
22	HIRSLANDEN INTERNATIONAL
26	HOSPITAL SPECIALITIES





# FACTS AND FIGURES

**586 482**  
TREATMENT DAYS

**17**  
HOSPITALS

**111**  
OPERATING  
THEATRES

**1916**  
BEDS

**68**  
ICU BEDS

**9 900**  
EMPLOYEES

**106 851**  
INPATIENTS

**2 813**  
DOCTORS

**91,5%**  
RECOMMEN-  
DATION RATE





# ONE OF THE WORLDS LEADING HEALTHCARE SYSTEMS

The Swiss healthcare system is widely recognised worldwide for its excellent quality and innovative strength. It is regularly ranked among the most outstanding healthcare systems in the world. According to the Euro Health Consumer Index 2019, the Swiss healthcare system is the best in Europe.

Medical care in Switzerland stands out above all for its simple and fast access to highly qualified specialists. In addition to short waiting times, Switzerland beats any other country for medical quality in staff and equipment, safety, hygiene and precision.

Patients in Switzerland benefit from these unique local advantages. The concentration of state-of-the-art medicine here allows you to get back to your home and family as quickly as possible.



NETWORK OF  
**2813**  
SPECIALISTS

TREATMENT BY A  
SENIOR CONSULTANT  
FROM START TO FINISH

UNIVERSITY-LEVEL  
MEDICINE

INTERDISCIPLINARY  
TREATMENT

#### SECOND OPINION

Our specialists are available for a second opinion. They analyse existing medical documents from examinations and/or procedures, make assessments and recommend further steps.

Together we assemble the tools for decision-making, so your further treatment is safe and reliable.



## YOUR PERSONAL SENIOR CONSULTANT – ALWAYS THERE TO HELP

At Hirlanden, you benefit from treatment by a Senior Consultant. From explanations before treatment to follow-up checks, this personal contact person is there to help you and take care of your individual needs.

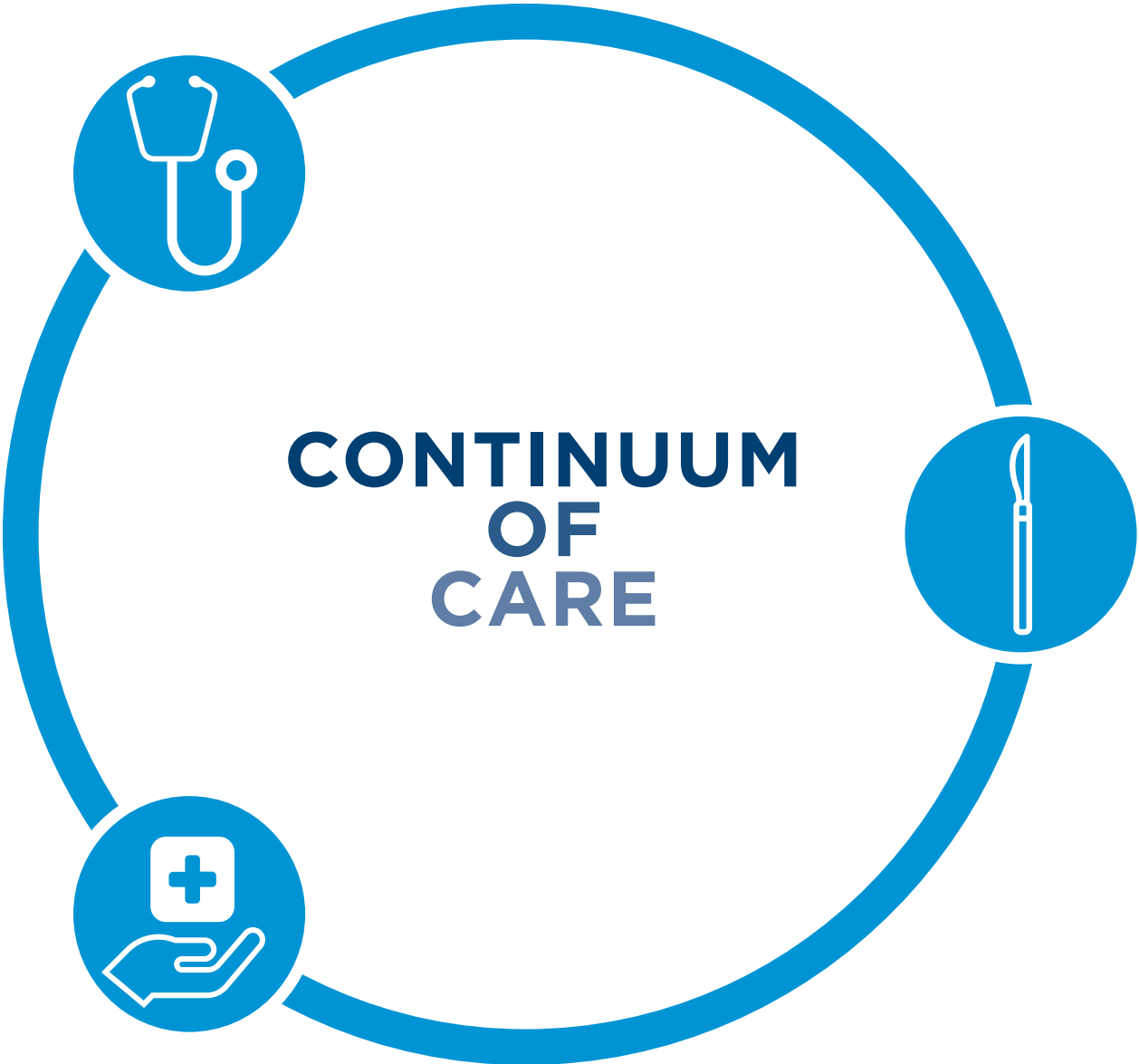
Hirlanden has a network of over 2800 doctors in Switzerland, who can provide diagnoses and reliable treatment even for complex illnesses. They offer highly specialised medicine at university level. Where necessary, other specialists are brought in from other fields.

# YOUR TREATMENT IS SEAMLESS AND HIGHLY SPECIALISED

From prevention to highly specialised medicine and rehabilitation: Hirslanden organises seamless medical treatment over the entire medical spectrum.

## PREVENTION

The earlier a health problem is identified and treated, the greater the chances of success and the shorter the treatment time for a possible illness. Hirslanden offers a wide range of check-ups (tailored to the individual or specific organ).



## REHABILITATION

## HIGHLY SPECIALISED MEDICAL TREATMENT



## PHARMACOGENETICS – BESPOKE MEDICINE

Experts in the laboratory can find the relevant genetic factors and give doctors the option of optimally tailoring the medicines used to treat the individual patient for example, to find the best possible dosing or the ideal combination of different medicines. The results of the personal pharmacogenetic profiling remain valid for a lifetime.

You can find more information on the use of pharmacogenetics at Hirslanden hospitals here:





# LEADING NEUROLOGY EXPERTISE

Neurology cases are treated holistically at Hirslanden by a network of specialists from various fields. This intensive collaboration ensures optimal treatment for patients, based on the latest medical results – also at our certified Stroke Centres.



## TOP-LEVEL BUNDLED NEUROLOGY EXPERTISE

Hirslanden has state-of-the-art devices in fully equipped Neuro Suites, Brain Suites, and Stroke Centres.

Innovative methods to show blood vessels enable precise diagnosis, helping create personal treatment concepts. Our experienced specialists use state-of-the-art surgical techniques for gentle, minimally invasive procedures, keeping your hospital stay as short as possible.

OVER  
**16 000**  
ONCOLOGY-BASED  
SURGICAL PROCEDURES  
PER YEAR

## ONCOLOGY – AS INDIVIDUAL AS YOU

### TUMOUR BOARD

At Hirslanden, a tumour board determines how each cancer is handled and establishes the treatment. This expert panel includes doctors from various fields, who provide individual recommendations – together for your health.



Hirslanden offers the full range of oncology treatments. One of our key priorities is to use state-of-the-art procedures and the latest medical research findings. This means that cases are treated through collaborative personalised oncology, with an expert panel and combined therapy.

### COMBINED THERAPY

A wide and growing range of cancer treatments is available. The treatment offered by Hirslanden combines immunotherapy, stem-cell therapy, chemotherapy, and radiotherapy, with surgery based on the latest studies and research findings, and our doctors' expertise. This gives you a decisive advantage.

### PERSONALISED ONCOLOGY

The molecular results of a genetic test are brought together with the tumour location and various patient characteristics, to enable individual, personalised cancer treatment.



# CARDIOLOGY – TO THE HEART OF THE MATTER

Every year, more than 10000 cardiology and heart-surgery patients entrust their health to us. Our state-of-the-art infrastructure, with fully equipped cardiac catheter laboratories and highly trained specialist staff, enable Hirslanden to offer innovative treatment methods.

Hirslanden offers highly complex surgical procedures using minimally invasive operations to treat mitral valve insufficiency, atrial fibrillation and many other heart conditions. This means patients benefit from an extremely high surgical success rate. Hirslanden's innovative and gentle treatment methods make us a world leader.

MORE THAN  
**10 000**  
PATIENTS  
TRUST US







10

MATERNITY HOSPITALS

29

DELIVERY  
ROOMS

7 200

NEWBORN BABIES EVERY YEAR

#### CHILDBIRTH

Many parents-to-be place their trust in Hirslanden, and rely on our capable and comprehensive care throughout pregnancy and during childbirth. Over 7000 babies are born every year at our 10 maternity hospitals with their 29 delivery rooms.

... and Hirslanden is also there to help the young family after the baby is born.



## FERTILITY AND CHILDBIRTH

### HIRSLANDEN baby

With a high level of expertise and many years of experience, Hirslanden can help you have children – even in cases of low fertility. Our medical range is always geared to the latest scientific advances. This means that, in certain cases, artificially fertilised embryos can be tested before implantation, for genetically conditioned hereditary diseases. This offers more certainty for parents-to-be.

In Switzerland, around 80% of all in-vitro fertilisation (IVF) cycles are carried out using intracytoplasmic sperm injection (ICSI). This procedure involves the targeted selection of one sperm cell that is inserted into the egg cell under a microscope.

Would you like to postpone having children until later? Hirslanden offers social egg freezing, giving you the option of freezing egg cells, to enable family planning from your mid-30s.

### IN-VITRO FERTILISATION

### PRE-IMPLANTATION GENETIC DIAGNOSIS

### SOCIAL EGG FREEZING



# HIRSLANDEN SERVICES FOR YOUR WELL-BEING

Hirslanden also has some of the world's leading specialists in gentle medical and cosmetic surgery. Whether you want a discreet facelift or a tummy tuck: We offer a wide range of small and large procedures for your well-being.

## VAMPIRE LIFTS

Vampire lifts, use blood plasma to harness the body's own capacity for regeneration. For effective and natural skin rejuvenation.

## BOTULINUM TOXIN AND HYALURONIC ACID

You have many options for smoothing wrinkles. Our experts can advise you, and find the optimum treatment for you.

## ULTRASOUND LASER

Stimulating the body's own collagen production with ultrasound makes the skin firmer and more elastic.



## EYELID CORRECTION

If the skin around your eyes has become slack, the upper and lower eyelids can be corrected in a small outpatient procedure.

## HAIR TRANSPLANTS

If your hair is thinning, a transplant can make it look full again. At Hirslanden you are advised and treated by specialists.

## BREAST LIFTING

Lifting and reshaping your breasts gives you a more harmonious and youthful look – ideal in cases of weak connective tissue or after pregnancy.

## MOMMY MAKEOVERS

With our treatment specially designed for young mothers, you can feel comfortable with your body again after childbirth.

## BREAST ENLARGEMENT

Our experts can give breasts an aesthetic, natural shape, exactly the way you want.

## TUMMY TUCK

Problems in the abdominal area can quickly be a thing of the past with effective liposuction by the Hirslanden surgeons.





# WE ARE HERE TO HELP

Hirlanden welcomes patients from around the world. The Hirlanden International team offers you personal contacts, who are here to help you organise a consultation or treatment in Switzerland. The team helps you to prepare for your stay, finds you the appropriate specialists, and enables you to get quick access to highly specialised medicine. The Hirlanden International team takes into account your cultural needs, and is happy to satisfy your personal wishes.

## EXCELLENT ALL-ROUND CARE - OUR SERVICES FOR YOUR WELL-BEING

The extensive services offered by the team include setting up a treatment plan with a cost estimate, obtaining a guarantee of payment from your insurer, support with payment processing, and organising hotel stays, interpreters and transfers. The Hirlanden International team will make your stay in Switzerland as pleasant as possible!

**YOU CAN RELY ON  
HIRSLANDEN'S BROAD  
RANGE OF MEDICAL  
EXPERTISE: SWISS  
QUALITY FOR YOUR  
HEALTH!**

### **HIRSLANDEN INTERNATIONAL ZURICH**

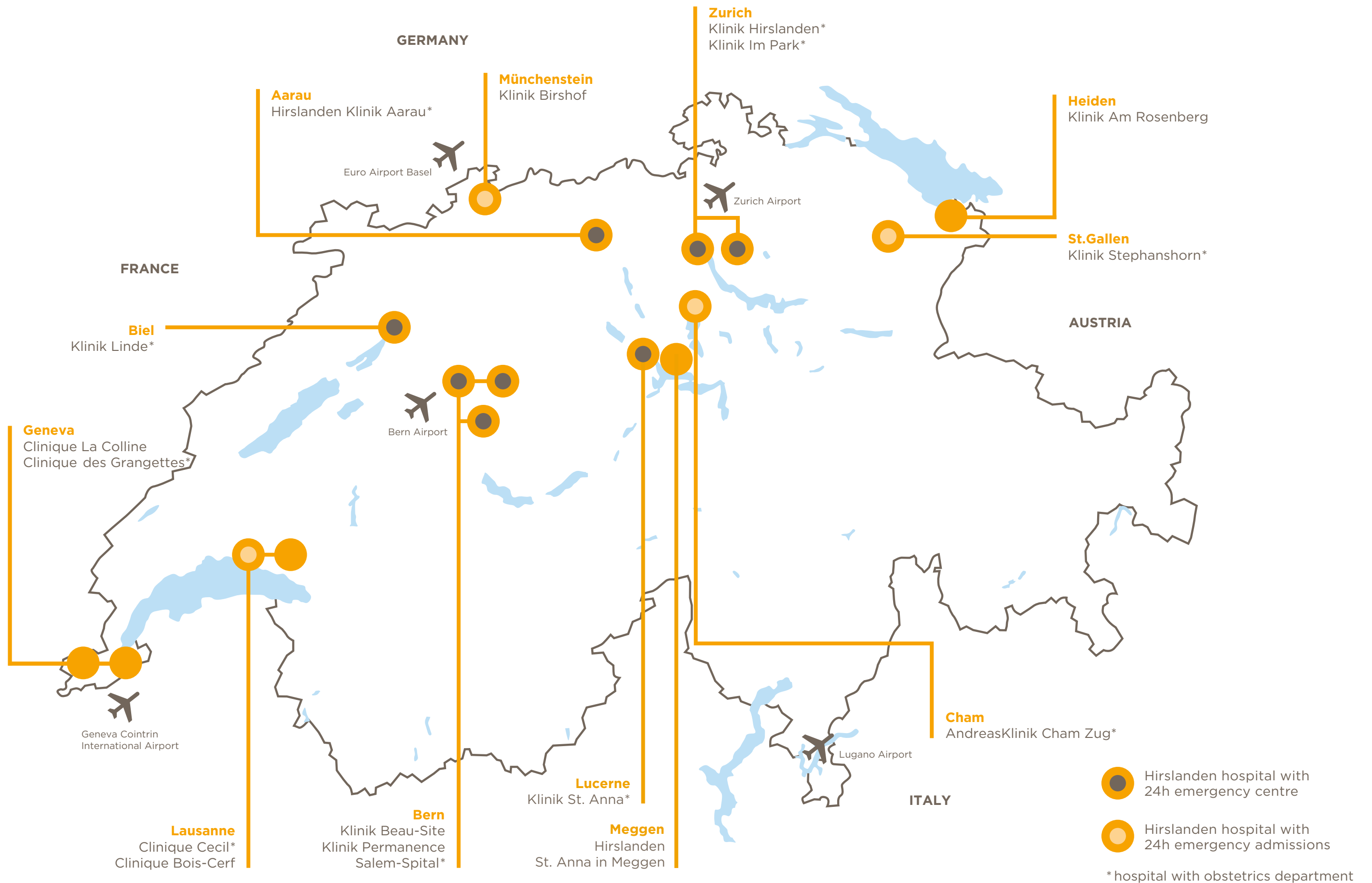
Boulevard Lilienthal 2  
8152 Glattpark  
T +41 44 388 75 75

### **HIRSLANDEN INTERNATIONAL GENEVA**

Avenue de Beau-Séjour 6  
1206 Geneva  
T +41 22 702 26 10

You can find further information  
about our range of services at  
[www.hirlanden.com](http://www.hirlanden.com) or here:







OVERVIEW OF SPECIALTIES PER HOSPITAL	Hirslanden Klinik Aarau	Klinik Beau-Site, Bern	Klinik Permanence, Bern	Salem-Spital, Bern	AndreasKlinik Cham Zug	Clinique La Colline, Geneva	Clinique des Grangettes, Geneva	Klinik Am Rosenberg, Heiden	Clinique Bois-Cerf, Lausanne	Clinique Cecil, Lausanne	Klinik St. Anna, Lucerne	Hirslanden St. Anna in Meggen, Lucerne	Klinik Birshof, Münchenstein Basel	Klinik Linde, Biel	Klinik Stephanshorn, St.Gallen	Klinik Hirslanden, Zurich	Klinik Im Park, Zurich
Abdominal surgery	●	●	●	●	●	●	●			●	●		●	●	●	●	●
Anaesthesiology/Pain management	●	●	●	●	●	●	●	●	●	●	●		●	●	●	●	●
Angiology/Vascular surgery	●	●		●	●		●	●	●	●	●		●	●	●	●	●
Cardiac and thoracic vascular surgery	●	●				●	●			●	●					●	●
Cardiology	●	●		●	●	●	●			●	●			●	●	●	●
Dermatology	●		●	●		●	●		●		●	●				●	●
Gastroenterology	●	●	●	●	●	●				●	●			●	●	●	●
Gynaecology	●			●	●	●	●			●	●	●		●	●	●	●
Hand surgery	●		●	●	●	●	●	●	●		●	●	●	●	●	●	●
Infectology	●	●	●	●	●	●			●	●	●			●		●	●
Internal medicine	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Maxillofacial surgery	●	●	●			●	●		●	●	●		●	●	●	●	●
Nephrology	●			●	●	●	●			●	●				●	●	●
Neurology	●	●	●	●	●	●	●		●	●	●			●		●	●
Neuroradiology	●				●	●			●	●	●			●		●	●
Neurosurgery	●				●	●	●			●	●				●	●	●
Obstetrics	●			●	●		●			●	●			●	●	●	●
Oncology/Haematology	●	●		●	●		●		●	●	●			●	●	●	●
Ophthalmology	●		●			●	●		●		●	●		●		●	●
Oral surgery	●					●			●	●	●	●		●			●
Orthopaedics/Sports medicine	●		●	●	●	●	●	●	●		●	●	●	●	●	●	●
Otolaryngology (ENT)	●	●	●		●	●	●	●	●	●	●	●	●	●	●	●	●
Paediatrics							●		●					●			
Plastic surgery	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Pneumology	●	●		●	●	●	●			●	●			●	●	●	●
Radiation oncology/Radiotherapy	●						●		●					●		●	
Radiology	●	●	●	●	●	●	●		●	●	●		●	●	●	●	●
Rheumatology/Physical medicine and rehabilitation	●	●	●	●	●	●			●		●		●		●	●	●
Spinal surgery	●			●	●	●	●	●	●	●	●		●	●	●	●	●
Thoracic surgery	●	●		●		●	●			●	●					●	●
Urology	●	●	●	●	●	●	●		●	●	●	●		●	●	●	●

## EXPERTISE YOU CAN TRUST.

As the largest medical network in Switzerland, our leading-edge facilities include surgical centres, radiology, diagnostics, emergency departments, radiotherapy institutes and integrated outpatient surgery units. Driven by our core vision of clinical excellence, we provide personalised care to all of our patients.

